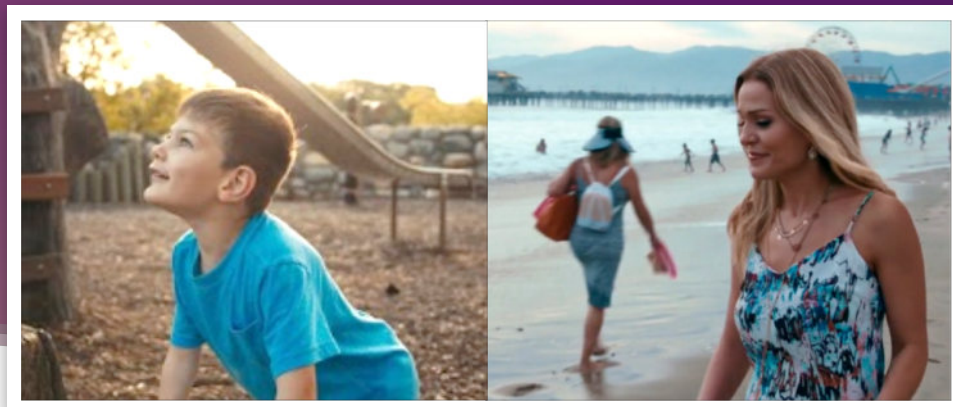


# A LIFE UNBOUND

Documentary Screening in San Rafael, California  
Presented at the Anat Baniel Method® Center



Join us for one night only for an exclusive premiere screening of the feature documentary 'A Life Unbound'. The film shows the astounding recovery of Nash, Tessa and others from a devastating variety of traumatic brain injuries with the help of Anat Baniel Method® NeuroMovement®. It demonstrates the inspiring potential we all have to live fuller lives, and thrive.

**This film also features some of the world's top neuroscientists and brain plasticity experts:**



**Dr. Martha Herbert**



**Dr. Rick Hanson**



**Dr. Jill Bolte Taylor**



**Dr. Michael Merzenich**

The screening will be followed by questions from the audience and a 15 minute NeuroMovement® lesson taught by Anat Baniel so you can experience the power of your own brain to change for the better.



## Synopsis

After surviving life-altering brain injuries, a former NFL Cheerleader, and a young child find healing through a groundbreaking method that takes their recovery above and beyond what was believed to be possible. Speaking with a few of the world's top Neuroscientists, 'A Life Unbound' explores brain plasticity strategies and the role that they can play in revolutionizing the human experience.

**LOCATION:** Anat Baniel Method® Center  
4330 Redwood Highway, Suite 350  
San Rafael, CA 94903

**DATE & TIME:** Tuesday, January 29, 2019  
7:00 PM – 9:30 PM PST

**TICKET\*\*:** \$15, purchase at:  
[alifeunboundsr.eventbrite.com](http://alifeunboundsr.eventbrite.com)

**Seating is limited for this screening so book your tickets in advance!**

**\*\* All Proceeds will be given to the film creator to help defray his costs of making the film.**